6. (a) "The mind is the friend of the self and the mind is the enemy of the self." Elaborate on this statement from Verse 6.5 in the context of self-improvement. **10**

(b) Write a short note on 'What kind of person should be considered a role model in today's world ?' **5**

7. Construct a profile of an ideal personality. How does such a person manage their senses and intellect ? Write your views in about **300** words. **15**

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May 2026

M. Sc. (AM) (Second Semester)

Personality Development (AEC-303-V)

Time : 3 *Hours*] [*Maximum Marks* : 75

Note : It is compulsory to answer all the questions (1.5 marks each) of Part A in short. Answer any *four* questions from Part B in detail. Different sub-parts of a question are to be attempted adjacent to each other.

Part A

1. (a) What is the 'essence of a successful life' ? **1.5**

(b) What is Nitisatakam about ? **1.5**

(c) Differentiate between 'Sattvic' and 'Rajasic' happiness. **1.5**

(d) What are the four specific 'rules' regarding the performance of duty and its results ? **1.5**

(e) What are the dangers of greed (Lobha) ? **1.5**

(f) What are the qualities of a stable-minded person (Sthitaprajna) ? **1.5**

(g) How can controlling desires improve decision-making in students lives ? **1.5**

(h) Why should one not abandon their innate duty (Sahaja-karma) even if it has faults ? **1.5**

(i) List any *four* qualities of a devotee that make them 'dear to God'. **1.5**

(j) Why should one avoid the company of 'Durjanas' (wicked people) ? **1.5**

Part B

2. (a) Elaborate on the characteristics of true friendship as described in the Nitisatakam. How does it differ from transactional relationships ? **10**

(b) Discuss the importance of knowledge and faith in self-development. **5**

3. (a) Define the 'Path of the Noble' as outlined in these verses. What are the specific social responsibilities of a virtuous person ? **5**

(b) Can you explain, how the wisdom described in Neetisatakam is not merely intellectual knowledge but a deeper understanding that fosters overall growth. **10**

4. According to the Bhagwad Geeta, what is the significance of understanding the difference between action and inaction ? Explain with day to day examples. **15**

5. (a) Write a short paragraph on how the teachings of Bhagwad Geeta can improve interpersonal relationships. **5**

(b) "The right is to the work only, never to its fruits." Discuss the practical challenges and psychological benefits of applying Verse 2.47 in a modern professional environment. **10**